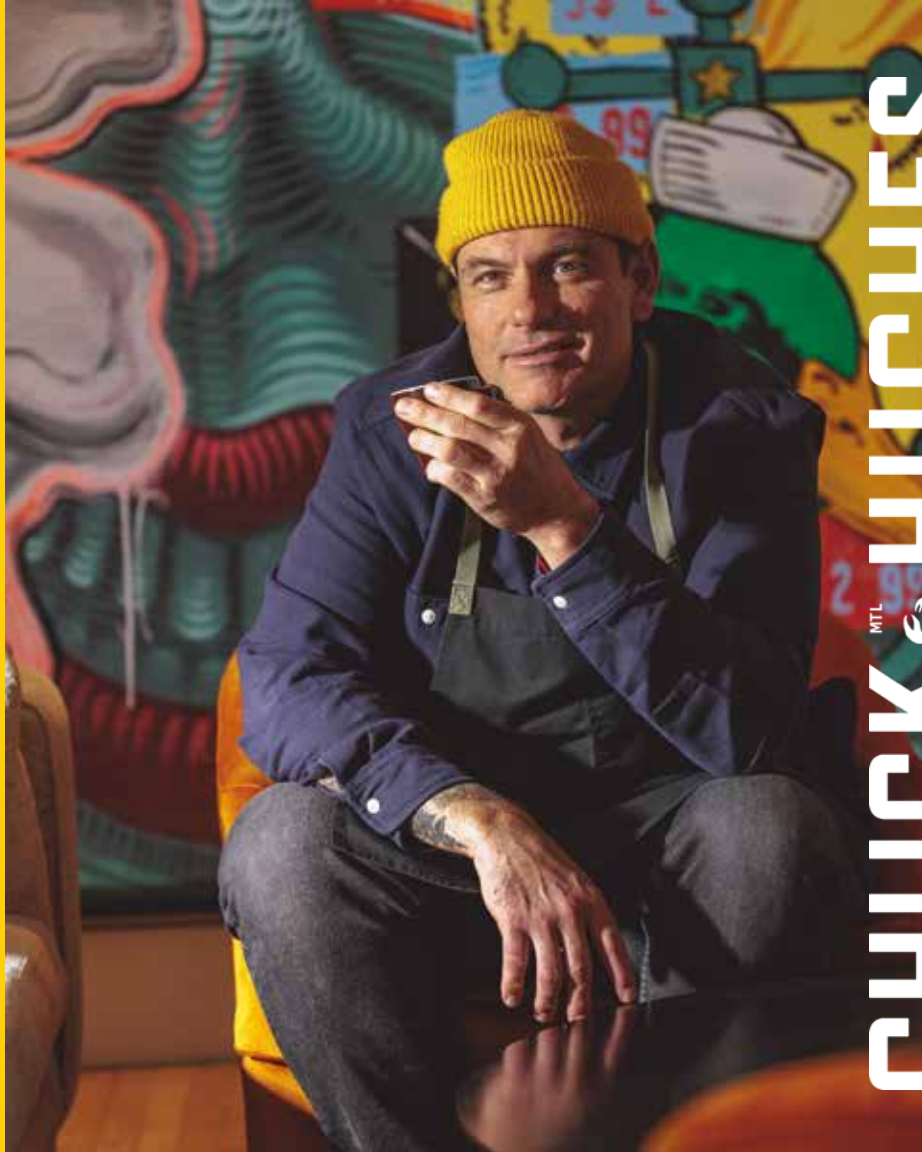


# MY KITCHEN STAPLES

VINEGARS SPREADS CONDIMENTS  
TOPPINGS OILS SAUCES

2023 CATALOG



MTL



1976

# CHUCK HUGHES

Chuck Hughes is the multi-talented star of Food Network Canada and Cooking Channel (US) series, Chuck's Day Off, Chuck's Week Off, Chuck's World and Chuck & Danny's Road Trip. He is currently filming his 4th season of Chuck and the First Peoples' Kitchen which aires on the Aboriginal Peoples Television Network.

A defining moment in Chuck's career took place in 2011, when he walked into New York City's, Kitchen Stadium and became the youngest Canadian chef to win Food Network's, Iron Chef America.

Off air, he is the co-owner and executive chef of renowned Montreal hot-spot, Garde-Manger. He is also the author of best-selling cookbooks, "Garde Manger" and "Chuck's Day Off." His unbridled passion for entertaining translates into both unforgettable food and captivating television.

Chuck's love for cooking has spilled into the grocery aisles. In 2015, he launched **My Kitchen Staples**, an assortment of his essential pantry items he uses both at home, on the road and in his restaurant.

@CHEFCHUCKHUGHES

@CHUCKHUGHESBRAND



## WHITE BALSAMIC

### VINEGAR

46° BRIX 3.5% ACIDITY TREBBIANO GRAPES

PRODUCT OF MODENA, ITALY

Ingredients: Concentrated grape must, white wine vinegar.

ITEM UPC: 627843590538  
500 ML | 12/case



## LEMON BALSAMIC

### VINEGAR

46° BRIX 3.5% ACIDITY TREBBIANO GRAPES

PRODUCT OF MODENA, ITALY

Ingredients: Concentrated grape must, white wine vinegar, natural lemon flavour.

ITEM UPC: 628110819277  
500 ML | 12/case

## RED BALSAMIC

### VINEGAR

TREBBIANO & LAMBRUSCO GRAPES AGED 5 YEARS

6% ACIDITY PRODUCT OF MODENA, ITALY

Ingredients: cooked grape must, wine vinegar.

Contains: Sulphites.

ITEM UPC: 628110819291  
250 ML | 12/case



## OLIVE OIL

### OIL

Superior Category | 0.3 -0.6 Acidity

Made with Koroneiki olives

PRODUCT OF CRETE, GREECE

Ingredients: Extra Virgin Olive Oil -  
Cold Pressed

ITEM UPC: 627843590583  
500 ML | 12/case





## SPICY ANTI PASTO

### CONDIMENT

VEGAN KOSHER GLUTEN FREE

PRODUCT OF QUEBEC, CANADA

Ingredients: Mixed vegetables [in variable proportion: hot peppers, eggplants, cauliflower, carrots, celery, fennel, olives, pickle, onions, capers, green tomatoes] • Canola oil • Spices • Dehydrated minced garlic • Salt • Vinegar • Sulphites • Calcium chloride.

Contains: Sulphites. May contain olive pit fragments.



ITEM UPC: 627843590545  
375 ML | 12/case

ITEM UPC: 627843590514  
1.42L | 6/case



## MILD ANTI PASTO

### CONDIMENT

VEGAN KOSHER GLUTEN FREE

PRODUCT OF QUEBEC, CANADA

Ingredients: Mixed vegetables [sweet peppers, eggplant, cauliflower, celery, carrots, olives, cucumbers, onions, fennel, capers, green tomatoes] • Canola oil • Spices • Minced dehydrated garlic • Salt • Vinegar • Sulphites • Calcium chloride.

Contains: Sulphites. May contain olive pit fragments.



ITEM UPC: 627843590569  
375 ML | 12/case

## SPICY EGGPLANT

### CONDIMENT

VEGAN KOSHER GLUTEN FREE

PRODUCT OF QUEBEC, CANADA

Ingredients: Eggplant • Canola oil • Hot peppers • Roasted peppers • Vinegar • Salt • Spices • Minced dehydrated garlic • Citric acid • Calcium chloride • Sulphites.

Contains: Sulphites.



ITEM UPC: 628110819079  
375 ML | 12/case

## MILD EGGPLANT

### CONDIMENT

VEGAN KOSHER GLUTEN FREE

PRODUCT OF QUEBEC, CANADA

Ingredients: Eggplant • Canola oil • Roasted peppers • Vinegar • Salt • Spices • Minced dehydrated garlic • Citric acid • Calcium chloride • Sulphites.

Contains: Sulphites.



ITEM UPC: 628110819093  
375 ML | 12/case



## HOT PEPPERS

### SPREAD

VEGAN KOSHER GLUTEN FREE

PRODUCT OF QUEBEC, CANADA

Ingredients: Red hot peppers • Sweet peppers • Canola oil • Vinegar • Salt • Spices • Minced dehydrated garlic • Calcium chloride • Sulphites.

Contains: Sulphites.



ITEM UPC: 627843590576

375 ML | 12/case

## MILD PEPPERS

### SPREAD

VEGAN KOSHER GLUTEN FREE

PRODUCT OF QUEBEC, CANADA

Ingredients: Sweet peppers • Canola oil • Hot peppers • Spices • Minced garlic dehydrated • Vinegar • Salt • Calcium chloride • Sulphites.

Contains: Sulphites.



ITEM UPC: 628110819048

375 ML | 12/case

## SPICY SUN DRIED TOMATO

### SPREAD

VEGAN GLUTEN FREE

PRODUCT OF QUEBEC, CANADA

Ingredients: Sundried tomatoes • Hot peppers • Canola oil • Roasted peppers • Garlic • Salt • Vinegar • Citric acid • Calcium chloride • Sulphites.

Contains: Sulphites.



ITEM UPC: 628110819239

375 ML | 12/case

## MILD SUN DRIED TOMATO

### SPREAD

VEGAN GLUTEN FREE

PRODUCT OF QUEBEC, CANADA

Ingredients: Sundried tomatoes • Sweet red peppers • Canola oil • Roasted peppers • Hot peppers • Garlic • Salt • Vinegar • Citric acid • Calcium chloride • Sulphites.

Contains: Sulphites.



ITEM UPC: 628110819208

375 ML | 12/case



## SPICY MUSTARD COLESRAW

### CONDIMENT

VEGAN GLUTEN FREE

PRODUCT OF QUEBEC, CANADA

Ingredients: Cabbage, Mustard (vinegar, water, mustard seeds, salt, turmeric, spices). Sugar. Red Jalapeno. Onion. Carrot. White vinegar. Salt. Garlic powder. Onion powder. Spices. Calcium chloride.

Contains: Mustard.



ITEM UPC: 628110819338

375mL | 12/case



## MILD MUSTARD COLESRAW

### CONDIMENT

VEGAN GLUTEN FREE

PRODUCT OF QUEBEC, CANADA

Ingredients: Cabbage, Mustard (vinegar, water, mustard seeds, salt, turmeric, spices). Sugar. Green bell pepper. Onion. Carrot. White vinegar. Salt. Garlic powder. Onion powder. Spices.

Contains: Mustard



ITEM UPC: 628110819321

375 ML | 12/case

## COCKTAIL SAUCE

### SAUCE

PRODUCT OF QUEBEC, CANADA

Ingredients: Concentrated tomato paste, vinegar, water, prepared horseradish, organic cane sugar, Worcestershire sauce (water, white vinegar, blackstrap molasses, soy sauce, malt vinegar, brown sugar, salt, spices, tamarind concentrate, garlic powder, onion powder, anchovy paste, caramel), lemon juice, cayenne paste, horseradish, salt, maple syrup, onion powder, celery salt, garlic powder.

Contains: Soya, wheat, sulphites.



ITEM UPC: 628110819246

375 ML | 12/case



## JERK SAUCE

### SAUCE

PRODUCT OF QUEBEC, CANADA

Ingredients: Yellow onions, green onions, jalapeño, scotch bonnet peppers, lime juice, soya sauce (water, soya beans, wheat, salt), brown sugar, fancy molasses, ginger, thyme, garlic, spices, lime zest. Contains: Soya, wheat.



ITEM UPC: 628110819116

375 ML | 12/case





# SPICY TOMATO BRUSCHETTA CONDIMENT

VEGAN GLUTEN FREE

PRODUCT OF QUEBEC, CANADA

Ingredients: Diced tomatoes (tomatoes, tomato juice, citric acid, calcium chloride), Canola oil, Hot Pepper, Garlic, Onion, Vinegar, Salt, Basil, Citric Acid.



ITEM UPC: 628110819352  
375mL | 12/case



# MILD TOMATO BRUSCHETTA SAUCE

VEGAN GLUTEN FREE

PRODUCT OF QUEBEC, CANADA

Ingredients: Diced tomatoes (tomatoes, tomato juice, citric acid, calcium chloride), Canola oil, Garlic, Onion, Vinegar, Salt, Basil, Citric Acid.



ITEM UPC: 628110819345  
375 ML | 12/case

# DELI CUT PEPPER RINGS

PICKLED

VEGAN KOSHER GLUTEN FREE

PRODUCT OF QUEBEC, CANADA

Ingredients: Hot Peppers, Canola Oil, Salt, Spices, Dehydrated minced garlic, vinegar, sulphites.

Contains: Sulphites



ITEM UPC: 628110819055  
375 ML | 12/case



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